

CAFFEINE-FREE & ORGANIC PURE HERB FROM THE  
MATRICARIA RECUTITA PLANT.

# CHAMOMILE

USDA  
ORGANIC



NEW MEXICO TEA COMPANY  
[WWW.NMTEACO.COM](http://WWW.NMTEACO.COM)

212°F, 1 teaspoons per 8 ounces, 5-7 minutes